



“Only older people get diabetes”



Diabetes affects people of different ages

Choose Broadways Natural Brown Bread

**Natural
Brown Bread**

*made for those who
prefer a healthier choice*



**Higher fiber
content**

*helps keep you fuller
for longer*

Pay attention to common diabetes symptoms



Frequent urination



Drowsiness after meals



Excessive thirst

Regular diabetes screening helps with early diagnosis and lowers the risk of complications later.